

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**MIDDAY  
FRIENDSHIP  
MENU**

**1**  
Ham and American Cheese (folded) w/ Mustard Packets  
Lettuce & Sliced Tomatoes  
Diced Tomato and Onion Salad  
Creamy Cole Slaw  
Wheat Bread (2X)  
Lemon Sherbet  
Minestrone Soup

**2**  
Crab Cake w/Tartar Sauce  
Mashed Potatoes  
Mixed Peas, Carrots and Corn  
Cole Slaw  
Potato Chips  
Pumpnickel Bread  
Low Fat Fruited Yogurt  
Smoky Lentil & Sweet Potato Soup

**3**  
Roast Beef w/ Gravy  
Baked Potatoes  
Herbed Green Beans  
Tossed Salad w/ Dressing  
Dinner Roll  
Banana  
Chicken Noodle Soup

**4**  
Chicken Marsala  
Mashed Potatoes  
Vegetable Medley  
Tossed Salad w/ Dressing  
Dinner Roll  
Vanilla Pudding  
South West Taco Soup

**7**  
Tuna Salad  
Lettuce & Sliced Tomatoes  
Beet & Onion Salad  
Three Bean Salad  
Rye (2X)  
Strawberry Shortcake Bar  
Mushroom Barley Soup

**8**  
Chicken Cacciatore  
Linguini w/ Marinara  
Italian Mixed Vegetables  
Romaine w/ Mandarin  
Oranges and Dressing  
Mixed Bridge Roll  
Low Fat Fruited Yogurt  
Roasted Eggplant with Garlic Soup

**9**  
Meatloaf w/Gravy  
Roasted Red Potatoes  
Sautéed Spinach  
Tomato and Onion Vinaigrette  
Dinner Roll  
Chocolate Pudding  
Chicken Corn Chowder Soup

**10**  
Pot Roast w/Gravy  
Mashed Potatoes  
Broccoli Au Gratin  
Caesar Salad  
Wheat Dinner Roll  
Orange Sherbet  
Tuscan White Bean Soup

**11**  
Stuffed Peppers  
Rice Medley  
Mixed Peas, Carrots, Corn  
Greek Salad w/ Dressing  
Challah Roll  
Vanilla Ice Cream Cup  
Tomato Basil Soup

**14**  
Cheese Lasagna (2X)  
Meatballs  
Italian Green Beans  
Spinach Salad w/Honey  
Mustard Dressing  
Italian Slice  
Cream Puffs  
Chicken Vegetable Soup

**15**  
BBQ Quartered Chicken  
Rice and Beans  
Collard Greens  
Romaine w/ Mandarin  
Oranges & Dressing  
Buttermilk Biscuit  
Toasted Almond Bar  
Spinach & Potato Soup

**16**  
Breaded Fish Fillet  
Macaroni & Cheese  
Stewed Tomatoes  
Cole Slaw  
Pumpnickel Bread  
Soft Chocolate Chip Cookie  
Lentil Soup

**17**  
Turkey and Swiss (folded) w/ Mayonnaise Packets  
Lettuce & Sliced Tomatoes  
Tropical Fruit Cup  
Creamy Cole Slaw  
Rye (2X)  
Vanilla Ice Cream Cup  
Zucchini & Summer Squash Soup

**18**  
Baked Honey Glazed Ham  
Mashed Potatoes  
Green Beans Almandine  
Caesar Salad w/ Dressing  
Buttermilk Biscuit  
Low Fat Fruited Yogurt  
Cream of Broccoli Soup

**21**  
Chicken Divan  
Risotto  
Sugar Snap Peas  
Diced Tomato & Onion Salad  
Mixed Bridge Roll  
Orange Sherbet  
Sweet Potato Bisque Soup

**22**  
California Burger on a Bun  
Lettuce, Tomato, & Onion  
Tater Tots  
Baked Beans  
Carrot Raisin Salad  
Toasted Almond Bar  
Chicken Tomato With Rice Soup

**23**  
Egg Salad  
Lettuce & Tomato  
Three Bean Salad  
Creamy Cole Slaw  
Pumpnickel (2X)  
Tropical Fruit Salad  
Split Pea Soup

**24**  
Swedish Meatballs w/Gravy  
Egg Noodles  
Broccoli, Cauliflower & Carrots  
Greek Salad  
Dinner Roll  
Tapioca Pudding  
Beef Barley Soup

**25**  
(2X) Hotdogs w/Sauerkraut  
Potato Wedges  
Green Beans  
Tossed Salad w/ Dressing  
(2X) Hotdog Buns  
Ice Cream Cone  
Garlic Potato Soup

**28**  
  
**HAPPY MEMORIAL DAY!  
ALL SITES CLOSED**

**29**  
Roast Turkey Breast w/Gravy  
Mashed Potatoes  
Green Beans Almandine  
Cranberry Sauce  
Romaine Salad w/Oranges  
Dinner Roll  
Sugar Free Vanilla Pudding  
Butternut Squash with  
Parmesan Soup

**30**  
Polynesian Quartered Chicken  
Rice Pilaf  
California Blend Vegetables  
Spring Mix w/ Vinaigrette  
Dinner Roll  
Ice Cream Sandwich  
Onion Soup

**31**  
Italian Sausage & Peppers w/Onions  
Italian Sliced Potatoes  
Sautéed Spinach  
Antipasto Salad  
Hoagie Roll  
Pineapple Chunks  
Cream of Chicken Soup

**MAY 2018**

Call 3 Days in Advance  
Parsippany Site  
973-884-1868  
\$2.00 Donation