

# Happy Father's Day

## June 2018

### Parsippany Community Center Exercise Classes

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
					1 9:30-T'ai Chi Chuan	2 
3	4 9:15 – Senior Fitness 10:30-Stretch & Strength 1:15-Line Dancing 3:00 T'ai Chi Chuan	5 10:30 – Falun Gong	6 9:15- Senior Fitness 10:30- Forever Fit 3-4pm - Grand Dancing	7 9:15-Yoga 9:30-T'ai Chi Chuan 11:00- Walking Club PAL 1:30-Ballroom Dancing	8 9:30-T'ai Chi Chuan	9
10 	11 9:30 T'ai Chi Chuan 9:15 – Senior Fitness 10:30-Stretch & Strength 1:15-Line Dancing	12 10:30 – Falun Gong	13 9:15-Senior Fitness 10:30 Forever Fit 3-4pm - Grand Dancing	14 9:15-Yoga 9:30-T'ai Chi Chuan 11:00- Walking Club PAL 1:30-Ballroom Dancing	15 9:30-T'ai Chi Chuan	16 
17 <i>Happy Father's Day</i>	18 9:15 – Senior Fitness 10:30-Stretch & Strength 1:15-Line Dancing 3:00 T'ai Chi Chuan	19 10:30 – Falun Gong	20 9:15 Senior Fitness 10:30 Forever Fit 3-4pm - Grand Dancing	21 9:15- Yoga 9:30-T'ai Chi Chuan 11:00- Walking Club PAL 1:30-Ballroom Dancing	22 9:30-T'ai Chi Chuan	23
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