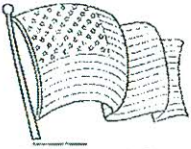


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>2 Crab Cake w/Tartar Sauce Mashed Potatoes Mixed Peas, Carrots and Corn Cole Slaw Potato Chips Pumpnickel Bread Low Fat Fruited Yogurt Onion Soup</p>	<p>3 Italian Sausage w/ Onions and Peppers in Tomato Sauce Italian Potatoes Italian Green Beans Romaine w/ Mandarin Oranges &amp; Dressing Hoagie Roll Strawberry Shortcake Bar Navy Bean With Ham Soup</p>	<p>4  <b>INDEPENDENCE DAY!</b> <b>ALL SITES CLOSED</b></p>	<p>5 Polynesian Quartered Chicken Rice Pilaf Green Beans Almandine Spring Salad w/ Vinaigrette Dinner Roll Pineapple Slices w/ Coconut Lemon Basil Chicken with Orzo Soup</p>	<p>6 Ham and American Cheese (folded) w/ Mustard Packets Lettuce &amp; Sliced Tomatoes Diced Tomato and Onion Salad Carrot Raisin Salad Rye Bread (2X) Ice Cream Cup Roasted Red Pepper Soup</p>	
<p>9 Oven Fried Chicken Mashed Sweet Potatoes Green &amp; Yellow Zucchini Macaroni Salad Pumpnickel Slice Frozen Chocolate Éclair Bar Carrot Ginger Soup</p>	<p>10 Kielbasa w/ Mustard Packets Roasted Red Potatoes Red Cabbage Applesauce Cups Hoagie Roll Ice Cream Cup Chicken Corn Chowder Soup</p>	<p>11 Tuna Salad Lettuce &amp; Sliced Tomatoes Beet &amp; Onion Salad Three Bean Salad Wheat Bread (2X) Tropical Fruit Cup Mushroom Barley Soup</p>	<p>12 Stuffed Shells w/ Cheese Packets (2X) Meatballs Italian Green Beans Antipasto Salad Italian Slice Low Fat Yogurt White Bean with Fennel Soup</p>	<p>13 Roast Beef w/ Gravy Baked Potatoes w/ Sour Cream California Blend Vegetables Tossed Salad w/ Dressing Dinner Roll Banana Tomato Basil Soup</p>	
<p>16 (2X) Hotdogs w/Sauerkraut Mustard, Ketchup, Relish Tater Tots Mixed Vegetables Sugar Free Fruited Jell-O (2X) Hotdog Buns (2X) Mini Cream Puffs Cream of Chicken Soup</p>	<p>17 Boneless Chicken Breast Marsala Oven Roasted Potatoes Brussels Sprouts Greek Salad w/ Dressing Wheat Dinner Roll Oatmeal Raisin Cookie South West Black Bean Soup</p>	<p>18 Pot Roast w/Gravy Mashed Potatoes Asparagus Spears Tossed Salad w/ Dressing Dinner Roll Ice Cream Sandwich Summer Squash Soup</p>	<p>19 Turkey and Swiss Folded/w Mayonnaise Packets Lettuce &amp; Sliced Tomatoes Fruit Cup Potato Salad Rye Bread (2X) Sherbet Broccoli Cheddar Soup</p>	<p>20 Shredded Pork w/ BBQ Sauce Seasoned Potatoes Wedges Sautéed Spinach Cole Slaw Hamburger Roll Banana Roasted Garlic Potato Soup</p>	
<p>23 Roast Turkey Breast w/Gravy Stuffing Peas and Mushrooms Cranberry Sauce Three Bean Salad Dinner Roll Ice Cream Cup Lentil Soup</p>	<p>24 California Burger (Advanced Pierre) on a Bun Lettuce, Tomato, &amp; Onion Ketchup Tater Tots California Blend Vegetables Orange Stuffed Pepper Soup</p>	<p>25 BBQ Chicken Red Beans and Rice Collard Greens Romaine w/ Mandarin Oranges &amp; Dressing Corn Muffin Low Fat Fruited Yogurt Chicken Noodle Soup</p>	<p>26 Baked Honey Glazed Ham Mashed Potatoes Mixed Peas, Carrots, Corn Caesar Salad w/ Dressing Buttermilk Biscuit Soft Chocolate Chip Cookie Minestrone Soup</p>	<p>27 Stuffed Cabbage Wild Rice Green Beans Almandine Spring Mix w/ Dressing Mixed Bridge Roll (2X) Mini Chocolate Éclairs Cream Of Spinach Soup</p>	
<p>30 Egg Salad Lettuce &amp; Sliced Tomato Macaroni Salad Tomato and Onion Salad Pumpnickel Bread (2X) Tropical Fruit Cup Beef Barley Soup</p>	<p>31 Baked Chicken Leg Mashed Potatoes Zucchini w/ Tomato Sauce Pineapple Slices Wheat Slice Rice Pudding Split Pea Soup</p>	<p><b>MIDDAY FRIENDSHIP MENU JULY 2018</b></p>			<p>Call 3 Days in Advance Parsippany Site 973-884-1868 \$2.00 Donation</p>