

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MIDDAY FRIENDSHIP**MENU****AUGUST 2018**

Call 3 Days in Advance

Parsippany Site

973-884-1868

\$2.00 Donation

		1 Hot Breaded Chicken Pattie w/ Mayonnaise Packets Lettuce, Tomato Mixed Vegetables Tater Tots Hard Roll Toasted Almond Bar Lentil Soup	2 Knockwurst w/ Mustard Oven Roasted Red Potatoes Red Cabbage Tossed Salad w/ Dressing Rye Slice Chocolate Sundae Chicken Noodle Soup	3 Center Cut Pork Chop w/ Gravy Mashed Potatoes California Blend Vegetables Romaine w/ Mandarin Oranges and Dressing Seasonal Stone Fruit Creamy Potato Soup
6 Lasagna Florentine Roulette Meatballs Cheese Packets Italian Green Beans Caesar Salad w/ Dressing Italian Slice Chocolate Mousse Ice Cream Bar Cheesy Tomato Soup	7 Polynesian Quartered Chicken Rice Pilaf Glazed Carrots Spring Salad w/ Vinaigrette Dinner Roll Pineapple Slices w/ Coconut South West Black Bean Soup	8 Beef Brisket w/ Mustard Cabbage Oven Roasted Red Potatoes Tossed Salad w/ Dressing Rye Slice Strawberry Shortcake Bar Beef Vegetable Soup	9 Ham and American Cheese (folded) w/ Mustard Packets Lettuce and Sliced Tomato Three Bean Salad Cole Slaw Rye Slices (x2) Chocolate Pudding Cup Chicken Artichoke Soup	10 Breaded Fish Fillet w/ Tartar Sauce Rice Medley Broccoli Spears Tomato and Onion Salad Spitz Roll Oatmeal Raisin Cookie Split Pea Soup
13 Turkey and Swiss w/ Mayonnaise Packets Lettuce and Sliced Tomato Macaroni Salad Cucumber & Onion Salad Whole Wheat Slices (X2) Soft Chocolate Chip Cookie Butternut Squash w/Apple Soup	14 Pot Roast w/Gravy Mashed Potatoes w/ Chives Asparagus Spears Beet and Onion Salad Dinner Roll Tapioca Pudding Cup Kale, Tomato and Bean Soup	15 Chicken Marsala Buttered Noodles Sugar Snap Peas w/ Red Pepper Cucumber and Onion Salad Italian Slice Fruited Yogurt Chicken Corn Chowder Soup	16 Crab Cake w/ Tartar Sauce Wild Rice Sautéed Spinach Potato Chips Tossed Salad w/ Dressing Rye Slice Tropical Fruit Cup Broccoli Cheddar Soup	17 BBQ Shredded Chicken Tater Tots Corn Spring Mix w/ Dressing Hard Roll Vanilla Ice Cream Cup Roasted Red Pepper Soup
20 Baked Honey Glazed Ham Mashed Potatoes Mixed Peas, Carrots, Corn Caesar Salad w/ Dressing Buttermilk Biscuit Seasonal Stone Fruit Chicken Tomato W/Rice Soup	21 Chicken Salad Lettuce and Tomato Beet and Onion Salad Potato Salad Rye Bread (X2) Ice Cream Sandwich Onion Soup	22 California Burger (Advance Pierre) on a Bun w/ Lettuce, Tomato & Onion Tater Tots Carrot Coins Deluxe Fruit Salad Hostess Cake Minestrone Soup	23 Herb Roasted Chicken Rice Medley Seasoned Collard Greens Tossed Salad w/ Dressing Dinner Roll Applesauce Cups Hungarian Mushroom Soup	24 Eggplant Parmesan Penne w/Marinara Sauce Green Bean Almandine Antipasto Salad Italian Bread Sherbet Cream Of Spinach Soup
27 Rib Ticklers w/ BBQ Sauce Potato Wedges Herbed Green Beans Cole Slaw Hoagie Roll Fudge Pop Lemon Summer Squash Soup	28 Roast Turkey w/ Gravy Mashed Potatoes w/ Chives California Blend Vegetables Antipasto Salad Spitz Roll Vanilla Pudding Stuffed Pepper Soup	29 (2X) Hot Dogs w/ Mustard, Ketchup, Relish Chili w/ Beans and Rice Sauerkraut Greek Salad (2X) Hot Dog Buns Tropical Fruit Bowl Cream Of Chicken Soup	30 Sweet & Sour Chicken Brown Rice Asian Vegetables Romaine w/ Mandarin Oranges & Dressing Dinner Roll Orange Creamsicle Tuscan Chick Pea Soup	31 Tuna Salad Lettuce & Tomato Beet & Onion Salad Macaroni Salad (2)X Whole Wheat Bread Fruited Yogurt Roasted Garlic Potato Soup

TAMMI BROWN - DIRECTOR

PLEASE CALL 973-285-6856 FOR THE NUTRITION CENTER NEAR YOU!

MENU IS SUBJECT TO CHANGE