

Mayor James R. Barberio is proud to present the  
**Youth Cross Country Program**

For Parsippany Residents born between 2002 and 2009.  
They MUST be 7 years old by 12/31/16.



<b>Ages Groups:</b>	
7&8 year olds	9&10 year olds
11&12 year olds	13&14 year olds



**Meets:**

Schedule will be provided when it's available

**Practices:**

Tuesday & Thursdays starting 8/2 at 7pm at Central Park in Parsippany.  
GPS: 2 Executive Drive, Morris Plains, NJ 07950.  
Park across the street in the lot by the hockey rinks.  
Practice times will be adjusted with daylight.

**How to Register:**

Step 1: Register with the Recreation Department for \$5.  
Online at [pthreconline.com](http://pthreconline.com) or in person at the office.

Step 2: Mail check for \$75 payable to Parsippany Express Cross Country  
with the name of the child(ren) registered.  
Send it to: Parsippany Express Cross Country  
c/o Tom Metz  
26 Clairview Road, Denville, NJ 07834

Uniform shirts will be provided. Please list the T-shirt size in the memo  
section of your check.



**Questions?**

Contact Tom Metz  
973-590-8726

[ParsippanyExpressCrossCountry@Gmail.com](mailto:ParsippanyExpressCrossCountry@Gmail.com)