

## MAYOR BARBERIO'S WEEKLY UPDATE

Week of October 26, 2015

Yesterday marked the third anniversary of Hurricane Sandy. We as a community learned many valuable lessons from that storm. As ready as we thought we were, nothing prepared us for the mass destruction that crippled our state as a result of the onslaught of Sandy. If there is one good thing that comes out of any disaster it's the lessons learned and how to be better prepared in any emergency situation and especially one of that magnitude. Our Community Emergency Response Team (CERT) is made up of volunteers who are trained and educated in disaster preparedness. We have just graduated our 9<sup>th</sup> training class of certified volunteers who can assist first responders in emergency situations. We are fortunate to have such individuals willing to step up and help others during times of crisis. I congratulate this most recent class and thank them for their service to our community.

Volunteers are a vital part of any community and we were fortunate to have one such individual, Robert Deckenback, who devoted over 50 years of his life to the Rockaway Neck Volunteer First Aid Squad. This week I attended the unveiling of R. Deckenback Drive, dedicated by those he closely served with in order to honor his memory and commitment to the squad. It was a fitting tribute to a man who served his community proudly.

Our youngest residents have been instructed in safety lessons this week. Parsippany Police Patrolman Conover accompanied the Woman's Club of Parsippany to the Parsippany Child Daycare Center and spoke to the children about basic safety. Additionally, our Fire Prevention Bureau has been visiting the elementary schools with the fire safety trailer teaching about what to do in the event of a fire.

As much as safety is a concern for me so is the health of our community. On November 4th I will be serving on a panel for the Morris County Culture of Health forum hosted by the Robert Wood Johnson Foundation. The foundation has a vision that calls for everyone to work together to build a Culture of Health where everyone will have the opportunity to lead healthier lives. Maintaining wellness rather than just treating illness is part of what this vision is all about. I will be discussing how my Mayor's Wellness Campaign has been integrated into the community and with Township employees by initiating various programs and activities that foster good health.

Parsippany seniors have been staying active and healthy. This week I attended the Halloween Costume Party hosted by the Community Center. It is always a pleasure to stop by and visit with our vital elders and this was no exception. An assorted array of costumed folks were having a great time participating in all the festivities. In addition, I was asked to swear in the newest officers at the St. Ann's Social Seniors Installation Ceremony. It is so important to remain active as we age and these programs and groups encourage our older residents to become involved and do just that.

I would like to congratulate the Par-Troy Little League East's Major League Team, dePierro's Defenders, for being the winner of the Mayor's Cup. Each year the two Major League team winners compete for the honor of winning the Mayor's Cup which is presented at the end of the season banquet. Each team played their best and I applaud all of their hard work and achievements.

Finally, this Saturday we celebrate Halloween, so please be extra cautious while driving as trick or treaters will be out and about. And remember to turn your clocks back Saturday night, to put an end to Daylight Savings Time.

### **Community Center**

The Community Center now has two computers with internet access available for use by all Parsippany residents.

### **Parsippany Library**

There are some great programs coming up next week at the Main Library. Check them out!

Tuesday, November 3<sup>rd</sup> @1:15

#### **Talking with Your Family about Your End of Life Plans**

One of the greatest gifts you can give to your family is to make your end-of-life plans known to them, in both written and verbal form. A hospice bereavement counselor will lead a discussion on 'Having the Talk' with your family.

Thursday, November 5<sup>th</sup> @7pm

#### **Groundhogs, Almanacs, Weather People: Who Do We Trust to Predict the Weather?**

Remember last winter when you tried to plan ahead, based on various weather predictions? Often the predictions were spot on, other times the prediction wasn't close to reality. Find out how weather prediction techniques have evolved over time, the most accurate resources for predictions, and a Q and A session. Our speaker is a student from Rutgers University Meteorology Graduate Program.

Saturday, November 7<sup>th</sup> @2pm

#### **Songs and Letters of World War II**

The Traveling Literacy Theater presents heartfelt letters, personal accounts, famous quotes, and songs from the era to help us remember how the world fought for six long years.

The audience is encouraged to share their experiences and thoughts during this program.

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**Looking to get tech savvy? Sign up for our [Computer Class Newsletter!](#) Here is our November schedule:**

#### **Basic Excel**

**Tuesday, November 3 at 11am**

Start using Microsoft Excel 2010. Learn how to set up a spreadsheet, enter data and use it to perform some basic math.

#### **Basic Word**

**Thursday, November 5 at 11am**

Learn how to use Microsoft Word. This class will familiarize you with Word, show you how to create and edit a document, and how to format text.

**Google Drive****Thursday, November 5 at 2pm**

Learn how to create and store files online using your Google Drive account. *Students should have a valid Google account or Gmail address for this class.*

**Intermediate Excel****Friday, November 6 at 2pm**

Do more with spreadsheets! This class will show you how to use multiple sheets in a workbook, save time with autofill and setup a spreadsheet for printing. *Students should have taken Basic Excel 2010 or have the equivalent experience.*

**Computers 101****Tuesday, November 10 at 11am**

Learn the basics of using a computer and practice using a mouse. No computer experience required.

**Intermediate Word****Friday, November 13 at 2pm**

Do more in Word! Learn how to add headers and footers, tables and symbols to your document, plus get more practice with text formatting. *Students should have taken Basic Word 2010 or have equivalent experience.*

**Computers 201****Tuesday, November 17 at 11am**

Learn how to use a web browser, connect a device, find and save files and more in the class that goes beyond the basics of computing.

**Power Point****Wednesday, November 18 at 11am**

Learn how to create a presentation, add slides, insert pictures and view a slideshow.

**Registration is required for Computer Classes**

Register at the calendar at [www.parsippanylibrary.org](http://www.parsippanylibrary.org) or call 973-887-5150 ext. 209

**Lake Hiawatha Library Branch**

The library currently offers a wide range of services to our senior customers:

Homebound Book Delivery, the Live Well Age Smart continuing education lecture series, Medicare Part D enrollment and programs paying tribute to WWII veterans, addressing senior health issues and more.