

Monday	Tuesday	Wednesday	Thursday	Friday
Morris County - Nutrition Menu October 2026 Menu subject to change. For information call (973)285-6856. *Soup and Ice Cream are only available for congregate participants*		<u>Boxed lunch for 10/12/26 to be delivered on 10/7/26</u> Chicken Salad (cupped) Pasta Salad Rye Bread (X2) 4 oz Juice/8 oz Milk Cookie	1 Pepper Steak Stir Fried Rice Asian Vegetable Blend Mandarin Orange Cup Dinner Roll Butterscotch Pudding	2 Chicken Paprikash Roasted Red Potatoes Brussels Sprouts Carrot Raisin Salad Dinner Roll Rice Pudding
5 Chicken Divan Sweet Potatoes - Cubed Sauteed Spinach Pumpernickel Slice Ice Cream Minestrone	6 Seafood Salad Israeli Salad Chickpea & Onion Salad Rye Slices (X2) Pear	7 Roasted Pork Loin w/ Gravy Scalloped Potatoes Glazed Carrots Dinner Roll Pudding Cup Vegetable Soup <u>Boxed lunch for 10/12/26 to be delivered TODAY</u>	8 Eggplant Roulette Penne Marinara Italian Vegetable Blend Tossed Salad w/ Dressing Italian Slice Yogurt V	9 Hamburger w/ Lettuce, Tomato, Onion, & Ketchup Roasted Potatoes Baked Beans Hamburger Roll Sun Chips Navy Bean Soup
12 Columbus Day - All Sites Closed Boxed lunch for 10/12/26 to be delivered on 10/7/26 Chicken Salad (cupped) Pasta Salad & Rye Bread (X2) 4 oz Juice/8 oz Milk & Cookie	13 Italian Sausage w/ Peppers & Onions Italian Sliced Potatoes w/ Sauce Italian Green Beans Hoagie Roll Tropical Fruit Cup Carrot Soup	14 Macaroni and Cheese Stewed Tomatoes Peas Romaine w/ Mandarin Oranges & Italian Dressing Raisin Bread Slice Yogurt V	15 Lemon Fish Brown & Wild Rice Medley California Blend Vegetables Whole Wheat Dinner Roll Fresh Pear NE Clam Chowder	16 Roast Turkey w/ Gravy Cornbread Stuffing Cauliflower Au Gratin Israeli Salad Dinner Roll Ice Cream Bar
19 Swedish Meatballs w/ EXTRA Gravy Oven Roasted Red Potatoes Mixed Peas, Carrots, Corn Tomato & Onion Salad Dinner Roll Pudding Cup	20 Jerk Chicken Macaroni & Cheese Peas Corn Muffin Vanilla w/ Orange Sherbet Creamy Tomato Soup	21 Hungarian Goulash Noodles Stew Vegetables Israeli Salad Rye Slice Rice Krispie Treat	22 BBQ'd Beef Riblets Mashed Potatoes Sauteed Collard Greens Hoagie Roll Fruit Cup Lentil Soup	23 Stuffed Shells w/ EXTRA Sauce Cannellini Beans Italian Vegetable Blend Cucumber & Onion Salad Italian Slice Yogurt V
26 Chef Salad w/ Turkey, Egg, Cheese, Chickpeas, Tomatoes, Onions, Shredded Carrots, & Large Dressing Packet Macaroni Salad Dinner Roll Orange Broccoli Cheese Soup	27 Vegetable Lasagna Cannellini Beans Sauteed Spinach Quinoa Salad Italian Slice Plum V	28 Stuffed Cabbage Mashed Potatoes Peas w/ Red Peppers Chickpea and Onion Salad Whole Wheat Dinner Roll Cookie Cream of Tomato Soup	29 Chicken Scampi Brown Rice w/ Scampi Sauce Green Beans Almondine Tossed Salad w/ Dressing Dinner Roll Ice Cream Bar	30 Baked Ham Potatoes Au Gratin Succotash Raisin Bread Slice Pudding Cup Beef Noodle Soup