

Self-Employment Information

Click on the links below for useful information for self-employed and gig workers.

- [**COVID-19–related benefits for NJ employees**](#) - Printable guide that gives general information of benefits and rights available in certain COVID-19 work-related situations.
- **Dept. of Labor ‘how-to’ guide on answering unemployment re-certification questions** - If you’re unemployed, read this.
- [**Straight Answers on Coronavirus Unemployment Programs**](#) - Independent workers need to file for regular unemployment and be denied in order to qualify for the Pandemic Unemployment Assistance program.
- [**Worker Benefits, Protections and the Coronavirus \(COVID-19\)**](#) - New Jersey has among the most comprehensive Earned Sick Leave, Temporary Disability and Family Leave Insurance laws in the country, which cover all employees – full-time, part-time, temporary and seasonal.
- [**Are You Eligible for Pandemic Unemployment Assistance?**](#) Review the frequently asked questions to understand your eligibility. This also applies to self-employed, independent contractors, 1099 filers, and farmers impacted by the COVID-19.

If you have additional questions, please call [**New Jersey Small Business Development Center**](#) at (908) 269-8475 or visit their [**website here**](#).

To communicate directly with the SBA, [**email them here**](#) or call (800) 659-2955.